

# Neurodiversity awareness

**Develop the skills, knowledge and confidence to support neurodiverse employees to flourish in your organisation**

## Group booking options:

**Delivery:**

Face-to-face  
Remote

**Participants:**

Up to 12  
Up to 12

**Duration:**

Half day  
4 hours over 2 sessions

Support a significant proportion of your workforce who are neurodivergent, whether diagnosed or not

Help neurodivergent employees to flourish, work to their full potential and add value to your business

Become known as a supportive and inclusive employer, attracting and retaining talented employees

*It is estimated that at least 10% of the UK population is neurodivergent. However most UK organisations are physically and structurally set up for 'neurotypicals'.*

*This course can develop your managers' understanding of neurodiversity, giving them the tools and confidence to implement communication strategies and adjustments beneficial for neurodiverse employees.*

## What you'll learn

- About neurodiversity and why it is a preferred term
- How different ways of thinking can produce strengths and bring benefits to a business
- About potential challenges being neurodivergent may bring, and how to resolve them
- Adjustments beneficial for neurodivergent employees

## Who this course is for

Line managers, team leaders, supervisors and those in HR roles. The course is also relevant for those responsible for health and wellbeing in the workplace.



## Course summary

Neurodiversity is an umbrella term referring to a group of neurological development symptoms and conditions which share common features, in particular differences in how people learn and process information. It is also a term used to reflect the different ways that people's brain function.

This course is designed to develop delegates' knowledge, skills and confidence around neurodiversity.

We explore the strengths and skills associated with being neurodivergent and how they can help businesses to be successful. We consider a range of conditions and the challenges they may present in a neurotypical world and workplace.

Our focus then turns to solutions and we consider communication strategies, workplace adjustments and support services.

Delegates should be equipped with the ability to support neurodivergent colleagues to be productive, happy and successful in their business

Each delegate will get a toolkit and resources, an action plan to guide them following the course and access to relevant activities and resources.

Your organisation will get a summary of feedback to show the course's impact and to identify any further learning needs, along with the opportunity to share information which can be embedded into the training.

## About us

Our expert team have been delivering workplace training to organisations from all sectors for decades, helping to shape culture and inclusivity of workplaces across the UK. We specialise in helping both employers and employees to develop the knowledge, confidence and capacity to effectively support colleagues and individuals

with a disability or health condition.

All our training is delivered by a team of experienced consultants, who have extensive knowledge and a practical understanding of workplace issues.

## Get in touch

To book, for more information or for a tailored quotation, contact us:



**0300 456 8113**



**training@healthmanltd.com**