

# Long Covid at work - guidance for managers

# Develop the knowledge and confidence to support colleagues with long Covid in the workplace\*

# Group booking option:

Delivery: Remote	Participants: Up to 12	Duration: 2.5 hours
Be in a stronger position to support any employees experiencing long Covid	Help employees to continue to fulfil their role in your company, while managing a range of symptoms	Develop your managers' understanding of long Covid and how to support employees experiencing a range of different symptoms

Our long Covid course will equip your managers to deal confidently and effectively with staff experiencing the illness.

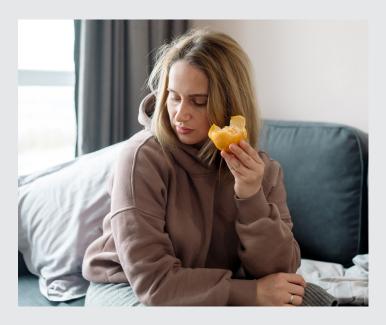
By the end of this course, your managers will be able to understand potential symptoms, and give them the knowledge and confidence to offer the right support for employees experiencing long Covid.

# What you'll learn

- What is long Covid and what are the symptoms
- How to support absent staff and discuss a return to work
- Potential workplace adjustments
- Support services and resources

# Who this course is for

Line managers, team leaders, supervisors and those in HR roles. The course is also relevant for those wanting to understand how to support someone experiencing long Covid symptoms.



### **Course summary**

This course will develop delegates' knowledge of long Covid and its potential symptoms, enabling them to offer the right support and adjustments to enable employees to continue to perform at work.

We'll look at the definition of long Covid, it's prevalence and symptoms - before addressing the support which can be provided to absent staff and the best way to discuss a return to work.

Workplace adjustments are covered, along with relevant support services and resources.

Each delegate will get a toolkit and resources, along with an action plan to guide them following the course.

Your organisation will get a summary of feedback to show the course's impact and to identify any further learning needs. There will also be an opportunity to include information relevant to your business processes, to help embed the training.

### About us

Our expert team have been delivering workplace training to organisations from all sectors for decades, helping to shape culture and inclusivity of workplaces across the UK. We specialise in helping both employers and employees to develop the knowledge, confidence and capacity to effectively support colleagues and individuals with a disability or health condition.

All our training is delivered by a team of experienced consultants, who have extensive knowledge and a practical understanding of workplace issues.

# **Get in touch**

To book, for more information or for a tailored quotation, contact us:

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