

# Autism awareness

**Develop knowledge on autism and the skills to support autistic individuals to succeed at work**

## Group booking options:

**Delivery:**

Face-to-face  
Remote

**Participants:**

Up to 12  
Up to 12

**Duration:**

Full day  
Five hours

Gain a broad understanding of autism, the impact it can have on individuals and their communication, interaction, thinking and ability to learn

Develop practical communication strategies to ensure that autistic employees are able to fully participate in work activities

Identify, manage and change key barriers in the workplace and working methods to help autistic people thrive

*There are an estimated 700,000 autistic people in the UK - approximately 1% of the population. But, just 21.7% of autistic people are in employment.\**

*This course will help your business to tap into the pool of talented autistic people who are in work or who want to work.*

## What you'll learn

- Potential strengths and challenges of autism in the workplace
- Sensory issues people with autism may experience and how this can affect their work
- Communication strategies for people with autism
- Workplace adjustments which could be helpful for someone with autism
- Emotional, wellbeing and self-esteem issues.

## Who this course is for

Line managers, team leaders, supervisors and those in HR roles. The course is useful for those wanting to understand how to support those with autism in their teams.

The course is also relevant for training and development teams.

*Just the right level of detail, information was clear and concise, and it was great to have open discussions with different people working in the same area, sharing ideas and techniques.*

**Sheikh**, Advisor, North West

## Course summary

This course aims to develop your awareness of autism and its potential positive and negative impact on individuals and their employment.

We will explore strategies and approaches which will enable you to provide support for individuals with autism and to help them succeed at work.

We investigate potential challenges, such as communication, language, social awareness, interactions and the impact of rigid thinking. And, delegates will have the opportunity to learn about the potential skills and strengths autistic individuals bring to the workplace.

We'll focus on practical strategies and workplace adjustments that will help to remove barriers and manage workplace challenges.

The course is fully interactive with a range of engaging and stimulating exercises, plus opportunities for discussion and sharing real-life challenges and successes.

Your organisation will get a summary of feedback in order to show the course's impact and to identify any further learning need.

The course has been developed in line with the Training Accreditation Programme methodology, an industry-recognised standard which structures training and embeds learning effectively.

## About us

Our expert team have been delivering workplace training to organisations from all sectors for decades, helping to shape culture and inclusivity of workplaces across the UK. We specialise in helping both employers and employees to develop the knowledge, confidence and capacity to effectively support colleagues and individuals

with a disability or health condition.

All our training is delivered by a team of experienced consultants, who have extensive knowledge and a practical understanding of workplace issues.

## Get in touch

To book, for more information or for a tailored quotation, contact us:



**0300 456 8113**



**training@healthmanltd.com**